

A festival of faith



(Left) Bassy Landa, director of the Chabad Jewish Center of St. Charles County, is shown here outside the Foundry Art Centre, where the St. Charles Jewish Festival will be held. (Top Right) Participants of the 2019 St. Charles Jewish Festival are shown here enjoying the festivities. (Bottom Right) Photo courtesy Rogers Park Band The Rogers Park Band, who will be performing at the St. Charles Jewish Festival, is North America's Only Jewish-Chasidic Folk Band.

Photos courtesy Chabad Jewish Center/Bill Motchan

The St. Charles Jewish Festival offers a unique recognition of the music, traditions and foods that Jewish people celebrate and enjoy

By Brett Auten

The opportunity to learn in a fun, meaningful, and entertaining way is on the horizon.

St. Charles County will celebrate its diversity through a new music and cultural event, the St. Charles Jewish Festival. The festival offers a unique recognition of the music, traditions and foods that Jewish people celebrate and enjoy.

The event will be held on Sunday, Aug. 15 from 12 to 3:30 p.m. at the Foundry Art Centre, located at 520 N. Main Center in St. Charles. The outdoor festival will join the

line-up of other cultural festivals in the county with a focus on highlighting Jewish life and traditions, according to its organizers, the Chabad Jewish Center of St. Charles County and the St. Charles Jewish Family Network.

"The goal is to bring the county together for a joyful and fun-filled Jewish experience," Bassy Landa, who directs the Chabad Jewish Center of St. Charles County, said.

Landa along with her husband, Rabbi Chaim Landa also directs the St. Charles Jewish Family Network.

The festival will feature family entertainment and traditional Jewish foods, including

kosher deli and potato knishes. Admission, music and kids activities will be at no charge. The food will be for sale.

Headlining the music portion of the festival will be a folk-rock duo the Rogers Park Band, which specializes in Jewish-Chasidic folk music. Their song lyrics, which are in both English and Hebrew, bring an upbeat message of love and joy. The Rogers Park Band is from Chicago, Illinois. The group is named after the Chicago neighborhood where they grew up. The gathering will also include musical

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 89/71

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'FESTIVAL' from cover

performances by St. Louis' Klezmer band, Will Soll & the Youngers of Zion and Chicago's Ruby Harris.

"What better way to come together as a community," Landa said. "This festival is open to all, and there will be something to enjoy for everyone."

According to the most recent community study, there are nearly 6,000 Jews in St. Charles County and 41-percent of Jewish households in the county have at least one child living at home.

"Some people have felt that they are the only Jews in the county," Rabbi Landa said. "It is really wild. So, we have recognized the challenge and need to get out in the community and let them know, you're not alone."

"The city is excited and pleased to host the first annual St. Charles Jewish Festival,"

St. Charles Mayor Dan Borgmeyer said. "When I first met with Rabbi Landa and became aware of our large Jewish population, I thought it important to include and showcase them as a part of our diverse heritage here in St. Charles. I believe the Jewish Festival will afford our citizens an opportunity to meet, understand and enjoy the rich Jewish culture along with music, food, entertainment and fellowship."

The St. Charles Jewish Festival follows the first such gathering in 2019, when a group of about 100 people gathered in a nearby park.

"The community has been behind it, similar to everything else we have experienced since we have been here," Rabbi Landa said. "We have been blown away about how well everything has been received."

The festival will highlight a message of optimism and positivity, as taught by the Rebbe—Rabbi Menachem M. Schneerson,

of righteous memory, the most influential rabbi in modern history.

"The Rebbe taught us to live positively and to recognize opportunity for growth in every situation," Landa said. "We're excited to share this message as our community continues to grow and blossom."

The Chabad Jewish Center of St. Charles County offers Jewish education, outreach and social-service programming for families and individuals of all ages, backgrounds and affiliations. Among the Chabad Jewish Center's flagship programs is the St. Charles Jewish Family Network, a series of offerings designed to serve all members of the young family, individually and collectively. For more information, visit: www.JewishSt-Charles.org.

For more information and to secure tickets for the St. Charles Jewish Festival, visit: www.JewishStCharles.org/Festival.

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Publisher/Editor-in-Chief
Mathew DeKinder

Publisher Emeritus/General Manager
Robert J. Huneke

Production Manager
Rebecca Brockmann

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HBA awards program winners announced

The Home Builders Association of St. Louis & Eastern Missouri (HBA) announced the winners of its annual HBA Awards Program on July 22 at a ceremony at Bogey Hills Country Club in St. Charles. The HBA Awards Program honors excellence in the home building industry and is divided into three categories: Homes of the Year, Marketing & Advertising and Personal Achievement. Please see the next page for a list of winners.

The HBA Awards Program was judged by HBA members of Georgia and Greater Austin, as well as members of the Building Industry Association of San Diego.

The following HBA members and member companies were awarded for their achievements in 2020:

- Homes of the Year Awardees
- Display Home of the Year, Single Family Detached, Small Builder, 2,700-3,299 sq. ft. – McKelvey Homes for The LaSalle at Inverness
- Multifamily Project of the Year – Fischer & Frichtel Homes for Montclair Crossing Townhomes
- Custom Home of the Year – Hibbs Homes
- Most Advanced Home of the Year – Compass Design Build
- Outdoor Living Space of the Year, Custom, Associate Member – Heartlands Building Company
- Remodeling Project of the Year, Kitchen, \$75-100,000 Budget – Liston Design Build
- Remodeling Project of the Year, Kitchen, \$100-125,000 Budget – Liston Design Build
- Remodeling Project of the Year, Bathroom, \$100-125,000 Budget – Mosby Building Arts
- Remodeling Project of the Year, Miscellaneous Project, \$75-100,000 Budget – Liston Design Build
- Remodeling Project of the Year, Aging in Place, \$100-125,000 Budget – Compass Design Build
- Remodeling Project of the Year, Overall Redesign, \$225-250,000 Budget – Liston Design Build
- Staging Project of the Year, Single Family Detached Display Home, Sales Price Under \$499,999 – FLAIR Home Stagings & Displays
- Staging Project of the Year, Single Family Detached Display Home, Sales Price \$500,000+ – FLAIR Home Stagings & Displays
- Staging Project of the Year, Spec Home, \$2,500-5,000 Staging Budget – FLAIR Home Stagings & Displays
- Staging Project of the Year, Spec Home, \$5,000-7,500 Staging Budget – FLAIR Home Stagings & Displays

Marketing & Advertising Awardees

- Best Design Center, Builder Member – Fischer & Frichtel Homes
- Best New Floor Plan, 1.5 Story, Above 2,500 sq. ft. – McKelvey Homes for The Larkspur
- Best YouTube Commercial, Builder Member – McKelvey Homes
- Best Print Ad, Builder Member – McKelvey Homes
- Best Specialty Marketing, Associate Member – Berkshire Hathaway Home Services - Select Properties - The Boehmer Team
- Best Website, Associate Member – Second Mile Service Company for www.PurePest.com
- Best Website, Builder Member – Lombardo Homes for www.LombardoHomes.com
- Best Social Media Campaign, Associate Member – Metro Lighting
- Best Overall Marketing Campaign, Builder Member – Fischer & Frichtel Homes

Personal Achievement Awardees

- Rookie Salesperson of the Year – Steven Bonfanti, McKelvey Homes
- New Home Community Salesperson of the Year – Lisa Harris, McBride Homes
- New Home Community Sales Manager of the Year – Gia Linville, McKelvey Homes
- New Home Community Sales Team of the Year – Tina Bock and Josh Mueller, Fischer Homes
- Highest Closer, Number of Sold Units – Lisa Harris, McBride Homes
- Highest Closer, Dollar Volume – Lisa Harris, McBride Homes
- Construction Manager of the Year – Ryan Barnoski, Fischer Homes
- Marketing Director of the Year – Gia Linville, McKelvey Homes
- Online Sales Professional of the Year – Kim Kelly, Fischer & Frichtel Homes
- Real Estate Sales Manager/Agent of the Year – Berkshire Hathaway Home Services - Select Properties - The Boehmer Team
- Mortgage Professional of the Year – Jeff Grieger, Paramount Bank
- Mortgage Company of the Year – Groundwork Mortgage

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Eagle Project donates blankets to SSM Health St. Joseph Hospital – Lake Saint Louis

SSM Health St. Joseph Hospital – Lake Saint Louis was recently the lucky recipient of fleece blankets made by Zachariah Alrashdi. He chose to make the blankets as part of his Eagle Project.

Zachariah saved money from his summer job to pay for the materials. He then enlisted the help from family, friends and Pack 853 and 854 to help make the blankets.

As his mom, Jennifer, described, “The packs are the Cub Scouts. He decided to teach the Cub Scouts how to do this while fulfilling his Eagle Scout.”

When asked why he chose SSM Health St. Joseph Hospital, the answer was simple. He decided on this project and chose this hospital because that is where his grandma spent a lot of her final moments. His grandma was always cold, but she became increasingly sensitive to heated blankets as she got sicker. One night, Zachariah saw his grandma struggling and asked his mom what he could do to help her.

Jennifer recalls, “That night we went home. He had his old Spiderman blanket I made him years ago out of fleece. He said, ‘This isn’t heavy and it’s warm.’ The next night we went up (to the hospital) and he put it on her. She never complained all night and said it was so soft.”

In total, 15 people helped make Zachariah’s project a reality. The donation included 60 blankets – 18 sized for small infants and toddlers and 42 for adults. Because of Zachariah, many patients will be able to enjoy these cozy, colorful blankets.



Submitted photo
Zachariah Alrashdi (far right) stands with employees in the emergency room at SSM Health St. Joseph Hospital – Lake Saint Louis to present donated blankets.

BeerSauce Shop to present its 2021 Annual Chili Cook-off and Beer Fest

Come enjoy deep flavors with all-you-can-eat-and-drink samples of competition chilies and premium craft beer provided by local breweries and BBQ joints. All attendees are dubbed Peoples-Choice Judges and cast their vote on the next Flavor Fest winner!

“Additional Chili-Cookoff contestants accepted,” co-founder and Sauce Guy Rick Duree explains. “If you and your friends want to enter the cook-off to see how your home flavors match up with the professionals, sign-up at BeerSauce Shop and we’ll get you a competitor number.”

The competition awards cash prizes for both the First Place Peoples-Choice and First Place Judges-Choice.

“The chili is going to be the best in the county, guaranteed,” Duree predicts.

Attendees will enjoy bottomless chili and beer from more than 15 breweries. Entrants are being finalized, but previous supporting breweries included: Melvin, Odell, Heavy Riff, Six Mile Bridge, Good News, Petrichor, Sudwerk, MO Beer Co and many more.

As it’s the Halloween season and BeerSauce Shop adorns a mid-century modern theme, attendees will enjoy black-and-white 50’s horror films (rated-PG) playing on loop on the shop’s several TV’s.

The BeerSauce Chili Cook-Off and Beer Fest will be held at their shop at 318 Mid Rivers Mall Dr, in St Peters on Oct. 24 from 12 – 3 p.m. All-you-can-eat-and-drink gen admin tickets are \$35 and are available at BeerSauce Shop, their Facebook event page, and via this link <https://beer-sauce.shoplighspeed.com/chili-taster-ticket.html>

For more information, please visit us at www.BeerSauceShop.com, or email TheGuys@BeerSauceShop.com

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EARLY DETECTION SAVES LIVES.

Valeda Keys, two-time breast cancer survivor and PECaD community research fellow, believes that your life – every woman’s life – is worth talking about. As a breast cancer survivor and founder of Valeda’s Hope, she talks about her journey to empower others and highlight the life-saving power of regular mammograms. A mammogram is a screening test that can catch breast cancer early when it’s most treatable. Valeda’s mother is also a two-time breast cancer survivor, which changed the age when Valeda and her twin sister started getting mammograms. Ask your health care provider for details on when you should start getting regular mammograms as well.

For more research-proven ways to lower your cancer risk, visit 8ways.wustl.edu

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St. Charles County Mosquito Control asks residents to help 'block the bite'

Mosquitoes can be both a nuisance and a health concern, as their bites may spread diseases to people and their pets. Working together, St. Charles County residents and the Division of Environmental Health and Protection's Mosquito Control program staff can reduce the risk of exposure to disease-carrying mosquitoes.

"St. Charles County's Mosquito Control program is most successful when residents participate in tandem with our efforts," says Seth Otto V, Mosquito Control Program Coordinator. "It takes a joint commitment to prevent mosquito-borne illnesses. If residents do their part to protect themselves and our community by using insect repellent when outdoors and eliminating breeding grounds around homes, our program can be more focused and effective in controlling the population of disease-carrying pests."

St. Charles County's Mosquito Control Program

The Mosquito Control staff utilizes a process called Integrated Pest Management (IPM) to create the most effective and efficient control of mosquito populations around St. Charles County. Using IPM, staff monitors for larval and adult insect activity, sets traps to test for the presence of different species and the diseases they may carry, applies specific treatment where needed and educates on the most effective methods for protecting the public. When applying treatment, the priority is placed on targeting larvae to prevent their development into adults — as this method has been determined to be the most effective, most environmentally friendly and most cost-effective. The Mosquito Control staff also performs targeted spraying in areas where a high population of disease-carrying or nuisance mosquitoes is observed.

The Division of Environmental Health and Protection contracts with several St. Charles County municipalities to control mosquito populations. Residents who live in unincorporated St. Charles County or within the city limits of Augusta, Cottleville, Flint Hill, Lake Saint Louis, Portage des Sioux, St. Paul, Weldon Spring, Weldon Spring Heights and Wentzville should use the CitizenServe online portal at sccmo.org/mosquito to notify staff of potential mosquito breeding grounds or to request treatment. Those who wish to add their address to a "No Spray" list can call 636-949-1800. Residents living within the city limits of Dardenne Prairie, O'Fallon, St. Charles and St. Peters should contact their respective city halls for treatment concerns.



Submitted photo

Suggested precautions for St. Charles County residents

In addition to efforts by the Mosquito Control program, residents are asked to take actions to minimize exposure and protect themselves and their families. To help "Block the Bite," program staff recommends that individuals:

- Use insect repellent when outdoors. Repellents containing DEET, picaridin, IR3535 or oil of lemon eucalyptus are proven to provide protection when used according to manufacturer's recommendations. When also using sunscreen, apply the sunscreen first, let it dry, and then apply repellent.
- Wear light-colored, long-sleeved shirts and long pants when in traditional mosquito habitat such as wooded areas or tall grass.
- Drain areas around the home that may hold water for five days or longer. Common sites include clogged gutters, pool covers, potted plant, bird baths and tire swings.
- Check screens for damage to prevent entry into the home.
- Dispose of old tires or other debris from the yard.

Suggestions to protect pets

Pet owners must also do their part to protect their animals from mosquito-borne illness:

- Consult with a veterinarian about beginning a heartworm control program.
- Purchase insect control products specifically designed for animals and follow manufacturer's recommendations for application. Never put human insect repellent on animals.
- Contact your veterinarian if the animal displays uncommon behaviors after possible exposure to insects, such as stiffness or joint pain, loss of appetite, difficulty breathing, vomiting or diarrhea, fever or unexplained fatigue.

For more information about mosquito behavior, control and prevention tips, and disease risks, visit sccmo.org/AboutMosquitoes.

Missouri's vaccine incentive program promotes MO ABLE as an option for Missourians with disabilities

The Department of Health and Senior Services (DHSS) recently rolled out the new MO VIP Program, the state's vaccine incentive program that rewards those Missourians who have chosen or will choose to receive a COVID-19 vaccination. Starting this month, DHSS will partner with the Missouri Lottery to draw 180 winners in each of five randomized drawings who will win either \$10,000 cash or \$10,000 towards an education savings account. In total, the state will award 900 individuals throughout the incentive program.

"MO ABLE provides a great platform for individuals with disabilities to participate in our state's new incentive program. Vaccination is the most effective and long-lasting tool for protection from this infection. DHSS continues to encourage anyone age 12 and up, with or without a disability, to get vaccinated against COVID-19," said DHSS Acting Director Robert Knodell.

Missourians with disabilities who access federal-needs based benefits are subject to limitations on how much they can earn and save. The successful MO

ABLE Program allows individuals with disabilities and their families to save up to \$15,000 per year, tax-free, without losing federal benefits like Medicaid and SSI. Eligible expenses include housing, transportation, education, and medical expenses.

"MO ABLE is a useful tool for Missourians with disabilities to save for the future – especially if they are a MO VIP winner," Missouri State Treasurer and MO ABLE Administrator Scott Fitzpatrick said. "I am happy to work with DHSS to highlight this important program as a way to ensure those with disabilities are able to participate in the incentive program without the risk of losing necessary benefits if and when they choose to be vaccinated."

"We are excited to promote the MO ABLE Program, through the leadership of the State Treasurer's office, as a great tool to offer incentives for people with disabilities to access the COVID-19 vaccine. As a long-standing champion for the National ABLE Program and the Co-Chair of the Missouri Advisory Committee on Equitable COVID Vaccine Distribution, we have been

working to ensure people with disabilities, who are some of the most vulnerable individuals and at highest risk of illness and even death of COVID-19, are prioritized in our state's plan and receive the same incentives as all Missourians," said Sara Hart Weir, Special Advisor for Disability Services and Co-Chair of the Missouri Advisory Committee on Equitable COVID Vaccine Distribution.

MO ABLE, an extension of the 529 Program, was established in 2017 in Missouri to offer investment accounts to eligible individuals with disabilities by the Missouri State Treasurer's Office. ABLE Accounts are made possible by the federal Stephen Beck Jr., Achieving a Better Life Experience ("ABLE") Act, and allow individuals with disabilities to save and invest money without losing eligibility for certain public benefits programs, like Medicaid or SSI.

To learn more about the MO VIP Program, please visit: www.MOStopsCovid.com/win

To learn more about the MO ABLE Program, please visit: www.moable.com

12th Annual St. Louis Teen Talent Competition registration open

Fox Performing Arts Charitable Foundation (FPACF) is pleased to announce registration is open for the 12th Annual St. Louis Teen Talent Competition for high school students in the bi-state St. Louis Metropolitan area. There are no fees to participate or register. This year the Preliminary Round and Semi-final Round of the competition will be back live on stage at various theatres in the St. Louis area.

Students will be vying for scholarships, special awards, prizes, and the once-in-a-lifetime opportunity to perform in the Finals on the Fabulous Fox Theatre stage. This event showcases the most talented teens in our region who excel in the performing arts.

- Contestants must be enrolled in the ninth, 10th, 11th or 12th grade in the 2021-2022 school year at a high school/home school within a 50-mile radius from the St. Louis Gateway Arch.
- Acts may be solo or a group up to six.
- Performing arts categories include vocalists, dancers, instrumentalists, and specialty acts.
- Acts may perform original or published material.
- High school students can respond to the "Call for Entries" and register on-line at www.foxpacf.org.

Judges for the Preliminary and Semi-final rounds are arts professionals from the St. Louis region who are asked to give each act constructive, verbal feedback following each performance. The Finalists will compete on the Fabulous Fox stage.

Past Finalists have performed on tour with "Hamilton," on NBC's "The Voice," "American Idol," in The Muny, at the Sheldon Concert Hall, Shakespeare Festival St. Louis, at Gateway Grizzlies Stadium, St. Louis Cardinals baseball games, and other area festivals.

Students placing first, second and third will win college scholarships. Contestants who advance to the Semi-final Round will be eligible for special awards, cash prizes, and scholarships. All participants are eligible for restricted scholarships from select colleges and universities. Finalists will also be provided unique performance opportunities within the St. Louis area arranged by FPACF and by request. A complete list of prizes and opportunities is available at www.foxpacf.org.

Register online at <https://www.foxpacf.org/programs/teen-talent-competition/>.



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Cuivre River Electric Cooperative distributes \$7.7 million in capital credit refunds this year

Cuivre River Electric Cooperative (CREC) is returning \$7.7 million of capital credits to its members this year.

This year's refunds include a portion of the cooperative's 1997 and 1998 and 2020 margins.

"Returning any excess margins to our members is a part of the cooperative difference," said General Manager/CEO Doug Tracy.

The majority of current members will receive a check or a credit to their account, to be mailed/posted around the end of July. The total number of active and inactive members who will receive a refund is about 65,000. Members with refunds of less than \$25 or with a 30-day past-due balance will not receive a check. These refunds will be posted as energy bill credits to their account.

Capital credits, similar to profit margins in other businesses, represent CREC members'

ownership equity. Credits are allocated after the close of a fiscal year if funds remain after all expenses for providing electric services have been met. Member capital is used in place of commercial loans to make infrastructure improvements and lower borrowing expenses and operational costs.

The amount of each member's refund is based on a formula determined by the quantity and cost of kilowatt-hours (kwhs) purchased annually. Counting this year, since 1976, CREC will have returned almost \$118 million to current and former members.

For any questions about capital credits, please call 800-392-3709, or visit cuivre.com/capital-credits.





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SATURDAY, AUGUST 7

First State Capitol Bicentennial Bash

A bicentennial commemoration at the site where Missouri's first legislature met from 1821 to 1826 before the State Capitol was moved to Jefferson City.

Tour historic rooms where statehood began. Ride the Katy Trail at sunrise! The free festival includes music, games, hands-on crafts and more, organized by Missouri State Parks.

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Visit Missouri2021.org
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Organization raises more than \$21,000 for charitable arms

The Travelers Protective Association (TPA) recently held its 131st national convention at the Ameristar Casino Resort Spa in St. Charles. Seventy-eight voting delegates representing 17 divisions located throughout the country attended the three-day conference.

An auction and reception raised more than \$17,000 for the TPA Hearing Trust, formerly known as the Scholarship Trust for the Hearing Impaired. More than \$4,000 was also raised for the Homer T. Wilson fund, which provides emergency financial aid designated for indigent members, widows, widowers and orphans.

The association's national election was held, Elwood Reed from Missouri was elected as president and Carlyle Wim-

bish, Jr. from Virginia was elected as vice president. Four directors were elected to the national board of directors, including Tom Davis from Kentucky, Julie Kupper from Texas, Alfred Moore from Louisiana and Wayne Wentworth from Michigan.

"This year's convention was a wonderful celebration of our organization's accomplishments over the past year," said the TPA's Chief Administrative Officer Albert M. Shoemaker, Jr. "I am overwhelmed with the amount of support and generosity we received as we strive to improve the quality of life for others, and the communities we live in."

For more information on TPA and how to join, visit our website at www.tpahq.org or call headquarters at 636-724-2227.

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Plackemeier DAB Memorial Scholarship awarded to two Duchesne students



Photo courtesy Duchesne High School

The 2021-2022 Mel Plackemeier DAB Memorial Scholarships for dedication to and participation at Duchesne High School were awarded to seniors Emma Araujo and Trevor Saguto, who are pictured here with Duchesne Athletic

Booster (DAB) President Jason Boschert '98, Jill (Plackemeier) Tune '83, Kathy (Plackemeier) Schmidt '88 and DHS Athletic Director Paul Boschert '77.

Timberland graduate receives national FBLA Recognition

Students from Timberland High School competed at the Future Business Leaders of America-Phi Beta Lambda (FBLA-PBL) National Leadership Conference held July 1-2 virtually this year due to the pandemic. Recent Timberland graduate Margret Pilkinton won seventh place in the Graphic Design event at the conference.

Students in this event were hired as graphic designers to create materials for a new professional sports team. Multiple designs were required as well as presenting the designs and strategies to multiple judges. Timberland had eight students compete in varying events.

"The students had so much competition from the best in the country. This is truly an honor to win a place at the National Level in FBLA. We are very proud," shared Kellie Trussell, Timberland FBLA sponsor.

With over 12,000 participants online, the National Conference connects middle school, high school, and collegiate level students through competitive events, leadership sessions, networking, and gives students the opportunity to win awards. FBLA competitive events prepare students for successful careers in business by providing opportunities to apply classroom concepts in a workforce-simulated competitive environment. FBLA is a professional association for students



Photo courtesy Wentzville School District

Recent Timberland graduate Margret Pilkinton won seventh place in the Graphic Design event at the Future Business Leaders of America-Phi Beta Lambda (FBLA-PBL) National Leadership Conference held July 1-2 virtually this year due to the pandemic

pursuing business careers. FBLA's mission is to bring business and education together in a positive working relationship through innovative leadership and career development programs.

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Take Notice . . .

The events listed in this section are the latest updates as of press time, please check with individual sites for the most up to date cancellations and reschedule info.

EVENTS

Aug 7: Petting zoo and pony rides
Holy Cross Lutheran Church will be hosting a petting zoo and pony rides for the community. The event will be held at the church located at 8945 Veterans Memorial Parkway in O'Fallon from 9 to 11 a.m. Animals present will include: a mini-donkey, goats, sheep, a mini-pig, rabbits, ducks, turtles, and two ponies to ride. The event is free to the public.

Aug. 7-8: Youth orchestra auditions

The St. Charles County Youth Orchestra will audition music students on Aug. 7 and Aug 8 to be placed in one of three ensembles. The orchestra accepts all levels of string, wind, brass, and percussion. Audition requirements and excerpts are on the website. The orchestra rehearses on Saturdays starting in September and has a program that will allow students to participate in both school marching band and orchestra. For more information, please email scycmusic@gmail.com or visit www.sccyo.org.

Aug. 24: Blood drive

Wentzville United Methodist Church and Faith United Church of Christ Wentzville are sponsoring an American Red Cross Blood Drive at Wentzville United Methodist Church at 725 Wall Street in Wentzville from 2 to 6 p.m. Questions, please call 636-327-6377. Appointments are needed. Schedule online or call 1-800-RED CROSS. <https://www.redcrossblood.org/give.html/donation-time> Note: donate blood and get a free four-month subscription to Apple Music.

Sept. 11: Social dance

Celebrate America Social Dance sponsored by Knights of Columbus Ladies Auxiliary #2273 takes place from 6:30 to 11 p.m. at Dardenne Prairie Hall (K.C. Hall) at 2199 Post Road in Dardenne Prairie. For tickets contact Shirley Boyer at 314-795-5577 or Lisa Newman at 314-566-0725.

Sept. 25: Craft fair

Tri County Citizens Advisory Board to Probation and Parole, Probation and Parole District 17, Missouri Department of Correction invites you to their eighth annual Christmas in September Craft Fair at Calvary Church at 3998 Mid Rivers Mall Drive from 9 a.m. to 3 p.m. Crafters are needed for more information please contact Esther Angelos at marlofan@charter.net or 636-441-0329 or 314-477-5096.

Sept. 25 Walk To End Alzheimer's St Charles County

Walk To End Alzheimer's St Charles County registration begins at 8 a.m. at St Charles Community College. Register earlier at alz.org/sccwalk.

ONGOING EVENTS

Mondays: Optimist Club meetings

The Wentzville/Lake St. Louis Optimist Club meets on the second and fourth Monday of each month at 6:30 p.m. at the Wentzville IHOP, 10 Layla Lane, Wentzville, MO.. For more information contact Ed Jurotich at 314-560-1868.

Mondays: Take off Pounds Sensibly

Take off Pounds Sensibly (TOPS) meets every Monday from 9:30 - 10:30 a.m. Weigh-ins begin at 8:30 a.m. We meet at Memorial Hall in Blanchette Park at 1900 Randolph St. in St. Charles. For more information contact Joyce at 636-206-5306.

Mondays: Take off Pounds Sensibly

TOPS meet every Monday at Holy Cross Lutheran Church at 8945 Veterans Memorial Hwy in O'Fallon. Meetings at 9:30 a.m. with weigh in beginning at 8:30 a.m. For more information please call Linda Wilcox at 636-447-9056.

Mondays: Parent support group

Because I Love You, (BILY), Gateway parent support group meets every Monday at 7:30 p.m. at First United Methodist Church at 801 First Capitol Dr. in St. Charles. For information and directions, please contact the helpline at 314-993-7550 or email gateway_parent_help@yahoo.com. BILY is a program of self-help for parents of troubled children (all ages). We are not professionals, but parents helping each other. The meetings are free to attend.

Mondays: NAMI St. Louis Connection Recovery Support Group

If you have mental health concerns and need support, please come on Mondays at 6:30 p.m. at Friedens United Church of Christ at 1703 Old Highway 94 South in St. Charles.

Mondays: Alcoholics Anonymous

If you want to drink, that's your business. If you want to stop, we can help. Call Alcoholics Anonymous at 636-970-0013.

Mondays: Cottleville Weldon Spring Kiwanis Club

Cottleville Weldon Spring Kiwanis Club meets the first Monday of the month at noon at The Breakfast Club, 991 Waterbury Falls Dr., O'Fallon, MO 63368. New club looking for new members who want to better our community. Contact Christy at 314-583-0538.

Mondays: Seasoned eye carvers meeting

Meetings are held from 9 to 11 a.m. at the St. Charles Senior Citizens Center at 1455 Fairgrounds (near the Bass Pro Shop). Visitors are always welcome. For more information visit <http://www.stcharlesareawoodcarvers.com/> or contact Charles Sapp at cwsapp@charter.net.

Mondays: Choral Arts Singers practice

Choral Arts Singers resume practice on Mondays, at 7 p.m. at Transfiguration Episcopal Church, 1860 Lake St. Louis Blvd. in Lake St. Louis. New singers are welcome. Auditions are not required. See www.concertarts.org.

Mondays: St. Charles County Council of the Blind meetings

Business meetings are held on the first Monday of each month unless otherwise specified. Currently, during the COVID pandemic, meetings are held via conference call, starting at 6:45 pm. For more information, contact Beverly Kaskadden at 636-561-6947.

Mondays: St. Peters Rotary Club

Noon at St. Peters City Hall, One St. Peters Centre Blvd. www.stpetersrotary.org.

Mondays, Wednesdays and Fridays: Fitness First Exercise Class

9:30-10:30 a.m., American Legion Hall, 504 Luetkenhaus Blvd., Wentzville. 314-369-6521.

Mondays and Thursdays: Bridge

St. Peters Senior Center plays bridge from 9 a.m. to noon on Monday and Thursdays, and would love to have any player, regardless of skill level, to join in. Call Mary Ann at 636-397-0866 if you are interested in playing on Monday or Thursday morning.

Mondays: American Legion Post 388 Meets

Meets the fourth Monday of the month at 6:30 p.m. at American Legion Hall, 607 Westridge Dr., O'Fallon, 636-219-0553

Mondays: Measurement Mondays:

10 a.m. - 12 noon at the ST. Charles Health Department in the Upper Level Conference room. Measurement Mondays is a family-friendly breastfeeding support group. We are open to all moms and moms-to-be who are breastfeeding or interested in breastfeeding. The group is supported by the St Charles County WIC program so there will be information about the program available at each meeting. Each meeting will be a little different than the last. There will be baby weigh-ins, introductions, games, interactive education, group conversation, and even snacks.

Mondays and Wednesdays: Tai Chi for arthritis class

Every Monday and Wednesday a Tai Chi for arthritis class, sponsored by the city of St. Charles Parks and Recreation, takes place from 9:15 - 10 a.m.

at Webster Park across from the Family Arena. This is a class that is taught nationally to manage arthritis and to prevent falls. For more information call 636-949-3372.

Tuesdays: Women's AA weekly meeting

Candlelighters Women in Recovery meets every Tuesday at 7 p.m. at Dardenne Prairie Presbyterian Church (enter at Adam Lamb pre-School, turn left) at 7400 South Outer 364 at the corner with Bryan Road.

Tuesdays: Cribbage Club

Meets every Tuesday, 12:30 - 3:30 p.m. at The Falls Golf Course Clubhouse. Relaxed, friendly play and is open to all. Call 314-779-6892 for more information.

Tuesdays: Seniors group

Please join us on the third Tuesday of each month from 11 a.m. - 2 p.m. for a gathering for senior adults. There will be lunch (no charge), cards and bingo (no charge), community program referrals, occasional health and wellness presentations and clergy available upon request. The event takes place at Church of the Transfiguration at 1860 Lake St. Louis Blvd. in Lake Saint Louis. For more information call 636-561-8951.

Tuesdays: Optimist Club meeting

The St. Charles Optimist Club meets Tuesdays at noon at Pio's Restaurant. For more information contact Jack Ross at 314-287-0569 or jack-ross@att.net.

Tuesdays: Cribbage

Looking for an evening out? Come and play cribbage Tuesdays at 6 p.m. at Rookies at 15358 Veterans Memorial Pkwy in Wentzville. Win prizes and awards with semiannual tournaments. ACC sanctioned. For more information contact Dee at 636-233-8032.

Tuesdays: Diabetes support group

A diabetes support group meets on the fourth Tuesday of each month except November and December from 6:30 - 7:30 p.m. at 400 Medical Plaza, Suite 102 in Lake St. Louis. A new speaker each month. Questions? Call Amanda Meyer at 636-625-5447.

Tuesdays: Kiwanis Club of St. Charles

12:05 p.m. at Ginghams Homestyle Restaurant, 1566 Country Club Plaza Drive, in St. Charles. Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time. The group is looking for new members who want to better our community and help its youth. If you are interested in making a positive impact in St. Charles for generations to come, please come for lunch. For more information call 636-206-2483. You can also visit <http://st-charleskiwanis.com>.

Tuesdays: Quilting Guild at the O'Fallon Family YMCA

1-4 p.m. Free. Quilt for local charities. No sewing experience required.

Tuesdays: Toastmasters Meeting

7 p.m. at the Midwest Bank Centre Board Room at 2299 Technology Blvd., O'Fallon, MO 63368. Info: 636-379-2505.

Tuesdays: St. Louis Chapter of the Alzheimer's Association Male Caregiver Experience

The group meets on third Tuesday of every month from 10-11:30 a.m. at the Alzheimer's Chapter Office at 9370 Olive Blvd. For more information about Alzheimer's disease, support, or the Male Caregiver Experience, please call the Alzheimer's Association's 24/7 Helpline at 800-272-3900 or visit www.alz.org/stl. Registration is requested before the first meeting.

Tuesdays: Social club for widows and widowers

On the first and third Tuesday of each month a social club for widows and widowers meets at 7 p.m. at St. John's United Church of Christ at Fifth and Jackson Streets in St. Charles. On the first Tuesday there are refreshments and on the third Tuesday there is either a speaker or entertainment. The group also goes to breakfast, lunch and dinner monthly, and has a pot luck dinner each month.

Tuesdays: Monthly veterans coffee

Veterans from all branches of service are invited to the Wentzville Green Lantern Senior Center at 506 S. Linn Ave. in Wentzville on the second Tuesday of each month from 9 - 10:30 a.m. for coffee, pastries and camaraderie. Come meet with fellow veterans who served our country and share your experience.

Tuesdays: NAMI St. Louis Connection Recovery Support Group

If you have mental health concerns and need support, please come on the third Tuesday of each month at 7 p.m. at Grace United Church of Christ at 8326 Mexico Rd. in St. Peters.

Tuesdays: NAMI St. Louis Family Support Group

If you have a family member or friend who is having mental health concerns there is a support group for you. It meets on the third Tuesday of each month at 7 p.m. at Grace United Church of Christ at 8326 Mexico Rd. in St. Peters.

Tuesdays: Dardenne Presbyterian Church Basketball

8-9:30 p.m., in the Christian Life Center, 7400 South Outer 364 in Dardenne Prairie. Open to high school and adult men.

Tuesdays: Central Missouri Railroad Association meeting

This unique organization is for railroad modelers, railfans, photographers and railroad retirees with layouts in O, HO, N hoping to add G scales. Meetings are on second Tuesdays of the month from 7 to 9 p.m. at the Warrenton Masonic Lodge. For more info call 636-279-5522 or 636-456-0776 or visit our Facebook page.

Tuesdays: Cancer support group
Cancer Companions Support Group is a support group for any cancer patient in treatment or post treatment, their caregiver and their loved ones that meets on the second Tuesday of each month at Dardenne Presbyterian Church at 7400 South Outer 364 in Dardenne Prairie at 7 p.m. in the parlor. Registration is not required.

Tuesdays: O'Fallon Garden Club
Meets at 6:30 p.m. on the fourth Tuesday of the month at Sunrise Methodist Church, 7116 Twin Chimney Blvd. Info: Barb at 636.978.5930. Club does not meet in August or November.

Tuesdays: St. Charles American Legion Post 312 spaghetti dinner.
5pm, St. Charles American Legion Post 312, 2500 Raymond Drive in St. Charles on the last Tuesday of the month. \$6 per person. For more information call Post 312 at 636-947-7666.

Tuesdays and Thursdays: Tai Chi at the St. Charles County Family YMCA
10:15-11:15 a.m. No experience necessary. 636-928-1928.

Tuesdays and Thursdays: Get Fit Exercise Classes
9-10 a.m. at Immaculate Heart of Mary Church Hall, New Melle. 314-369-6521.

Wednesdays: Food pantry
Food pantry open Wednesdays to the public from 9:30 to 11:30 a.m. at Cornerstone UMC at 1151 Tom Ginnever Ave. in O'Fallon. Bread, canned goods other necessities.

Wednesdays: St. Charles Area Wood Carvers
Meetings are held from 6:30 - 8:30 p.m. at the Hollenbeck Middle School at 4555 Central School Road in St. Charles. Visitors are always welcome. For more information visit <http://www.stcharlesareawoodcarvers.com/> or contact Charles Sapp at cwsapp@charter.net.

Wednesdays: Marine Corps League meeting
On the first Wednesday of each month the St. Charles County Marine Corps League meets at Pezold Banquet Center, 5701 Hwy N, in Cottleville at 7:00 p.m. All Marines and FMF Corpsmen are welcome. For more information visit www.stcharlesmarine.org.

Wednesdays: Women's fishing club
Gateway Bass 'n Gals all women's bass club has monthly meetings the first Wednesday of every month at JJ's Restaurant at 1215 S. Duchesne Dr. in St. Charles at 7 p.m. Women of any fishing level please come and check out our women-only fishing club.

Wednesdays: Crossroads Cribbage Club
Meets at 1380 Boone St., at 12 p.m. in Troy. 636-528-8379.

Wednesdays: Take Off Pounds Sensibly (TOPS)
Take Off Pounds Sensibly meets every Wednesday at 9:30 a.m. in the United Methodist Church at 725 N. Wall St. in Wentzville. TOPS is a national non-profit weight-loss organization that supports its members in attaining their goal weight. There is no cost for the first meeting. All are welcome.

Wednesdays: Men's Golf League
Wednesdays, April - October. 5 p.m., tee off at 5:30 p.m. at Heritage of Hawk Ridge. For more information, contact the Lake St. Louis Community Association at 636-625-8276.

Wednesdays: Charity Bingo
6:45pm, Doors open at 5 p.m. VFW Post 5077 sponsors, at VFW Hall, 8500 Veterans Mem. Pkwy., O'Fallon. 636-272-1945 or www.vfwpost5077.org.

Wednesdays: Yoga at The St. Charles County Family YMCA
6-6:55pm Any level. Info: 636-928-1928.

Wednesdays: Hope & Healing
5-6pm, Dardenne Presbyterian Rock Church, 7400 South Outer 364 in Dardenne Prairie on the first Wednesday of the month. Unique service of music, worship, and prayer for those in need of hope and healing.

Wednesdays: St. Charles Area Wood Carvers
7 p.m. - 9 p.m. Meetings are held at the Hollenbeck Middle School at 4555 Central School Road, St. Charles, Missouri on the first and third Wednesday of the month. Visitors are always welcome! For more information check the club web site: www.stcharlesareawoodcarvers.com/ or contact Charles Sapp.

Wednesdays: Take Off Pounds Sensibly
Take Off Pounds Sensibly meets every Wednesday at 10 a.m. in the parish hall of Chapel of the Cross Lutheran Church at 907 Jungermann Rd. in St. Peters. TOPS is a national non-profit weight-loss organization that supports its members in attaining their goal weight. There is no cost for the first meeting. All are welcome. Weigh-ins begin at 9 a.m. Contact Judy Bauer at 636-541-2263 for further information.

Thursdays: St. Charles Rotary Club Meeting
St. Charles Rotary Club meets at noon at The Moose Lodge at 2705 Veterans Memorial Pkwy. In St Charles. Members and guests are welcome for lunch, leadership development and to gain a better insight into our community. www.stcharlesrotary.org.

Thursdays: American Legion meeting
On the first Thursday of each month, American Legion Post 323 meets at 7:30 p.m. at the American Legion Hall at 504 Luetkenhaus Blvd. in Wentzville. For more information call 636-327-6060.

Thursdays: Lions Club meeting
Wentzville Outreach Lions Club meets the second Thursday of the month at Schnucks at 1960 Wentzville Pkwy in Wentzville at 6 p.m. Contact Jimmy Butler at 314-780-5629 or Lisa Alexander at 314-258-1069 for more information.

Thursdays: TOPS meeting
TOPS (Take Off Pounds Sensibly) Club 661 Wentzville holds meetings every Thursday in room 21 at The United Methodist Church of Wentzville, 725 Wall Street. Weigh ins at 9:30, meetings begin at 10 a.m. For more information call 314-650-1014.

Thursdays: O'Fallon Rotary Club meetings
O'Fallon Rotary Club meets from 7:30 - 8:30 a.m. at Rendezvous Café & Wine Bar at 217 S. Main St. in O'Fallon every Thursday. Visitors are always welcome. For more information, call President, Lisa Muncy at 636-240-0912.

Thursdays: Optimist Club meetings
The O'Fallon Optimist Club meets on the second and fourth Thursday of each month at 7 p.m. at Bank of Old Monroe T.R. Hughes Blvd. in O'Fallon. For more information, contact Cyndy-Schwab at 636-544-0102.

Thursdays: Lions Club meetings
St. Charles Lions Club meets every second and fourth Thursday of the month at 7 p.m. at 1144 S Benton Street in St. Charles. Contact Art for more info at 636-441-1831. New members are welcome.

3rd Thursday: Fleur de Lis Garden Society
Meets third Thursday of the month, 6:30 pm at the McClay Library in St. Charles. Info: www.fleurdelisgarden-society.org;

3rd Thursdays: Vietnam Veterans of America Chapter 458 Meeting
7pm, Amvets Post 106, 360 Brown Rd in St. Peters. Those who served in any branch between 1962 and 1975 are welcome.

Every Thursday: Dardenne Presbyterian Church Quilters
9am-2pm, Dardenne Presbyterian Church, 7400 South Outer 364 in Dardenne Prairie. Members do hand quilting to quilts of any size for donation that is given to various church supported charities. No experience is necessary to join the group. For more information, contact Brenda Kenny at 636.240.3753.

1st and 3rd Thursday: Kiwanis Club of O'Fallon
Meets at JJ's Restaurant, 200 Fort Zumwalt Square in O'Fallon at 12 noon Info: www.ofkiwanis.com.

Every Thursday: Rotary Club meeting
7:30am, The Rendezvous Café at 217 South Main St. in O'Fallon. We welcome existing and potential members to visit and have breakfast with us. www.ofallonmo.rotary-clubs.org

Every Thursday: Active Older Adults Game Day at the O'Fallon Family YMCA
10a.m. - 2 p.m. in the Family Hall. Free for members. Bring a favorite snack to share. Anybody welcome.

2nd and 4th Thursdays: Alexander Chapter #242 Order of the Eastern Star Meetings
7:30pm, St. Charles Masonic Lodge, 2051 Collier Corporate Parkway in St. Charles.

3rd Thursday of each month: Vietnam Veterans of America Chapter 458 meetings
7pm, Amvets Post 106, 360 Brown Rd in St. Peters.

2nd and 4th Thursdays: Lions Club meetings
St. Charles County Lions Club meets second and fourth Thursday of each month at 7 p.m. at 1144 S Benton in St. Charles. New members welcome.

Fridays: Frühschoppen Stammtisch Verein (FSV)
The last Friday of every month the Frühschoppen Stammtisch Verein (FSV) meets at 11 a.m. at a designated location within St Charles County. Wir treffen uns auf ein Bier (und vielleicht spät Frühstück oder früh Mittagessen) und geniessen ein Gespräch auf Deutsch. At present we do not have a specific Stammlokal. The FSV Month

meeting location can be found on Facebook at (<https://www.facebook.com/groups/472022532983525>) alternately it can be requested from the FSV coordinator at (d.yarolimek@sb-cglobal.net). Hoffentlich sehen wir uns irgendwann. Bis dann, bleib gesund.! Alles gute!

Every Friday: Moms Play Group
10am at LSL Community Association, 100 Cognac Ct., Lake Saint Louis, MO 63367. 314.479.0306, andreaclisip@gmail.com or www.lslmothersclub.com.

Every Friday: VFW Fish Fry
3-8pm VFW Post 2866. 66 VFW Lane. Call Bill Sams, 636.724.9612.

Fridays: Bingo
The American Legion Post 312, located at 2500 Raymond Dr. in St. Charles hosts bingo, every Friday night. This is a non-smoking hall with games starting at 6:15 p.m. and includes two progressive bingo games per night. See more at www.alpost312mo.org

Every Saturday: Chess
9-12 at Middendor-Kredell Library on Hwy K.

Every Saturday: Veterans Learn guitar for FREE
9:30am in Historic St. Charles. Info: Bill Dennis at 314.479.5750.

SUDOKU answers from page F-1

6	4	2	8	3	5	1	7	9
5	3	9	6	1	7	2	4	8
7	1	8	2	9	4	3	5	6
9	5	1	7	4	2	6	8	3
4	7	6	3	8	9	5	1	2
8	2	3	5	6	1	4	9	7
3	6	5	1	7	8	9	2	4
2	8	4	9	5	3	7	6	1
1	9	7	4	2	6	8	3	5

CROSSWORD answers from page F-4

M	A	S	T	A	B	V	M	E	L	T		
O	L	I	O	F	L	E	E	B	A	R	O	N
M	U	L	E	U	G	L	I	E	R	G	O	T
M	O	C	K	T	A	I	L	A	T	O	M	
A	N	I	L	E	A	N	I					
C	A	R	P	A	L	M	I	S	N	A	M	E
A	L	E	V	E	N	E	E	R	I	R	O	N
B	L	A	D	E	E	R	A	A	S	C	O	T
L	E	V	I	G	A	R	D	E	N	E	R	E
E	Y	E	S	P	O	T	G	E	N	D	E	R
C	O	T	S	E	I	N	E					
G	L	O	P	V	O	L	S	T	E	A	D	
G	R	O	U	P	E	P	E	E	D	R	A	Y
S	U	N	N	Y	N	O	G	S	L	I	M	E
A	B	E	T	D	R	Y	E	A	S	T		

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COMMUNITY NEWS

Sports you see with Gary B . . .

Hoots playoffs start Thursday



The O'Fallon Hoots are members of the Prospect Baseball League, playing in the West-Prairie Land division and began play in O'Fallon at their home field CarShield in May 2020 after relocating from Hannibal, Missouri

After winning the first half of the season the club qualified for the playoffs that will take place Thursday, Aug. 5.

The Divisional Championship Round consists of one winner-take-all game between the winners of the first half, the Hoots and the division's second-half winner, the Cape Catfish.

Thursday will decide if the team moves on to the second round of the playoffs or goes home.

**The long season comes down to one game*

Women gymnasts finish champions at Lindenwood



Lindenwood University's gymnastics team saw continued success in 2021, winning the MIC Conference Championship for a sixth-consecutive season. The Lions had a very strong vault squad this season, as they ranked 27th nationally. The success on vault helped Kyndall Baze, Aleah Leman, and Courtney Mitchell reach the Morgantown Regional with each finishing in the top 20 in the vault competition.

*The Lions opened the season at Texas Woman's in a tri-meet with Southeast Missouri State where they earned the top spot. The Lions top score of the meet came on vault as Leman paced the Lions scoring a 9.850.

*Lindenwood opened the home slate in a dual meet with Texas Woman's on Jan. 31 as they set a season-high in three of the four events during the meet on the way to the team's third-highest score of the season.

*On Feb. 26, Lindenwood traveled to Norman, Oklahoma for a quad meet with the University of Denver and Texas Woman's University. In the meet, Leman set a career-high on vault, scoring a 9.925, finishing in a tie for second in the event as the Dekalb, Illinois product would go onto to earn MIC Performance of the Week honors.

*In a quad meet on March 7 with Illinois State, Northern Illinois and Central Michigan, they registered a 49.100 on bars, which tied the program record previously set in 2018.

*The Lions entered the MIC Championships as five-time consecutive winners and took home the title for a sixth-consecutive season, compiling a season-best 195.575 where in that score included a season-high 49.150 on floor.

**Hard work results in high achievements*

Men golfers earn Presidents Special Recognition at UMSL

The University of Missouri-St. Louis men's golf team was one of 11 NCAA Division II schools nationwide to earn Presidents Special Recognition status by the Golf Coaches Association of America (GCAA).

The Tritons recorded one of the highest GPAs in the nation this past academic year, posting a 3.51. This marks the second straight year and the third time in the last four years that UMSL has earned Presidents Special Recognition and is the eighth straight year the program has been honored for its academic success by the GCAA.

Schools across all three NCAA divisions, the NAIA and NJCAA submitted GPA's of 3.0 or above to earn the association's Academic Team Award, with 74 of those schools earning Presidents Special Recognition Honors, finishing with a team GPA of 3.5 and above.

UMSL also earned the Team Academic All-GLVC award and had nine student-athletes earn individual Academic All-GLVC accolades.

**Hit the books hard and the ball far*

Gary Baute, a St. Louis native, may be educated in business but he lives and breathes sports. As a fan or an athlete, Gary is all sports all the time. He hosted a radio sports program on KFNS, emceed the River City Rascals' inaugural season, among many other activities. I am currently hosting a Health show on 97.1 FM, 'Prime Time Health' www.PrimeTimeSTL.com. It broadcasts Saturday nights at 8 and Sunday mornings at 9.



Stay Connected

Text MYCNEWS to 22828



Recipe: An Easy-To-Make Summer Sweet

3-Ingredient Strawberry Ice Cream

Servings: 4-6

Ingredients:

- 1 pound fresh strawberries, stems removed
- 1 pint heavy whipping cream
- 1 can (14 ounces) sweetened condensed milk

Directions:

- In blender, puree strawberries.
- In bowl of stand mixer, beat whipping cream and sweetened condensed milk until stiff peaks form. Fold in strawberry puree. Pour into loaf pan. Freeze 5 hours.
- Before serving, let ice cream soften 5-10 minutes.

When it's beyond hot outside and the kids are begging for a delicious afternoon snack, sometimes it's difficult to know where to turn. The pantry is full and the refrigerator is stocked, yet nothing sounds appetizing when it's scorching outside.

Combining three simple ingredients you probably already have in your kitchen can save the day and provide a refreshing and scrumptious snack.

Try this 3-Ingredients Strawberry Ice Cream on warm days ahead. It's chilled to perfection with fresh strawberries and fluffy whipping cream to create a creamy texture perfect for the kiddos.

It's delicious, rich and has sweet strawberry flavor that can help satisfy nearly any sweet tooth. It's a wonderful treat after long summer days spent playing outside, splashing in the pool or just relaxing, soaking up the sun.

If you made this recipe at home, use #MyCulinaryConnection on your favorite social network to share your work.



Find more summer dessert recipes at [Culinary.net](https://www.culinary.net).

– SUDOKU –

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SEE ANSWERS ON PAGE 9

M. Night Shyamalan's 'Old' shows signs of age

Movie:

By Steve Bryan



Born and raised in South St. Louis, Steve Bryan is now based in Anaheim, California, and has been allowed access to movie and television sets to see actors and directors at work. Though his writing has taken him far from St. Louis, Steve is, at heart, still the same wide-eyed kid who spent countless hours watching classic movies at neighborhood theaters.

Two decades ago, M. Night Shyamalan's "The Sixth Sense" captivated theater audiences with an engrossing story highlighted by the performances of Bruce Willis and Haley Joel Osment. The twist ending in that film later became Shyamalan's trademark in projects such as "Unbreakable," "Split" and "The Village." Without giving too much away, "Old," the prolific director's latest work, contains a twist, but there's a long, bumpy path to follow before the audience gets there.

Actuary Guy Cappa (Gael García Bernal) and his museum curator wife Prisca (Vickey Krieps) take their young children, Trent and Maddox, on one last family outing before they announce their upcoming divorce. The tropical resort they choose is almost too good to be true, with a staff that is incredibly helpful. The resort's manager (Gustaf Hammarsten) even recommends a secluded beach for them and other special guests. Unfortunately, time moves more quickly on that beach, and everyone ages rapidly, including the children.

"Old," based on the graphic novel "Sandcastle," contains an interesting premise, but director Shyamalan packs that terrifying beach with more characters than are necessary. Guy and Prisca Cappa have an interesting backstory



"Old" photo courtesy Universal Pictures.

and their struggles would have been sufficient to carry the story. Prisca also has a stomach tumor that was diagnosed as benign, but the time distortion makes it grow rapidly. Another guest, psychologist Patricia Carmichael (Nikki Amuka-Bird), endures epileptic seizures on the beach while Chrystal (Abbey Lee), wife of schizophrenic doctor Charles (Rufus Sewell), battles low calcium levels.

In some ways, this film is reminiscent of "Five Characters in Search of an Exit," a classic "Twilight Zone" episode penned by Rod Serling. In his teleplay, five seemingly discon-

nected characters find themselves trapped in a cylindrical metal room with no visible means of escape. The ensemble cast of "Old" find themselves in a similar predicament as attempts to climb the rocky hills or swim for help fail miserably. Trent, played as a teenager by Alex Wolff, also starts a misguided relationship with Kara (Eliza Scanlen), Chrystal's daughter, on the beach.

Although the time travel discussions in "Avengers: Endgame" are fun, the unfortunate castaways in "Old" must figure out what is happening to them and how to stop it before they all die. Jarin (Ken Leung), Patricia's husband even swims away from the beach to slow his aging and bring back help. Other guests walk through some caverns looking for an exit, but that doesn't work out well. Throughout it all, the unfortunate groups believes they are being watched.

With an overlarge cast and some disturbing medical themes, "Old" is not M. Night Shyamalan's best cinematic work. His fans keep asking for more sequels to "Unbreakable," his intriguing take on superheroes, but Shyamalan doesn't want to continue that series. "Old" has some good moments, but for the most part, the story is worn out and tired.

"Old," rated PG-13, is currently playing in theaters.



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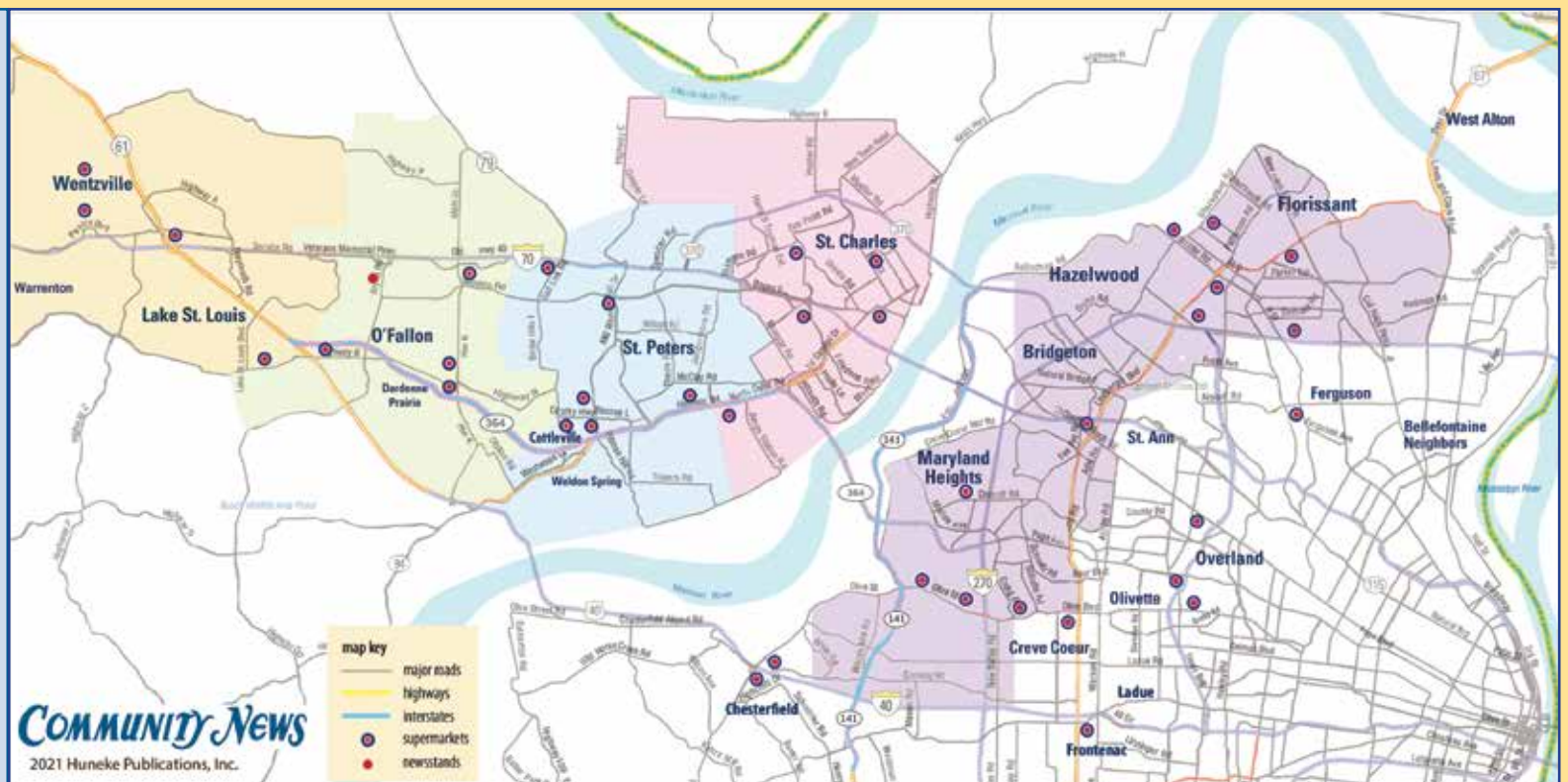
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Yeggs

John Hanna



'Yeggs' is a comic series about Robert and Bill, two rabbits who have opened their own egg franchise in the Midwest (St. Louis area). We follow their day to day lives, watching as they go about the hectic task of preparing for their one big day every year. Along the way they have adventures filled with fun, comic doings and pathos.

MOORE ON LIFE

By Cindy Moore

HOT BUYS



It's hot here.

How hot is it you ask? So hot I had to go to Hobby Lobby and stand in their Christmas aisle just to cool off. After a few minutes of leaning next to Frosty the Snowman, I bought a blanket to ward off the shivers; very good marketing ploy Lobby.

Apparently July is the month to bring out the Christmas decorations. After cooling down I wasn't quite ready to leave and face the outdoor heat so I wandered around. I ran into a man with a dazed look in his eye. He seemed confused.

"Hi there. Do you need help?" I asked. "You look a bit lost."

"Yes actually, I'm looking for the sock aisle. My wife told me to pick up a pair while she looks around."

I laughed, "Sorry. This is more of a craft store. I think you need..." I stopped myself midsentence. Oh snap! I thought. The ol' bait and switch trick. Send the husband off on a wild goose chase while the wife shops unimpeded by his constant questions, "Do you really need that?" or "How much longer are you going to take?"

I offered some assistance – to the wife not him! Are you kidding?!

"Sir, there's a really good sock sale on the other end of the store right next to the bait and tackle section which is offering two-for-one on sinkers and jigs."

His eyes popped open wide as he spun around to head towards the imaginary fishing sector.

"You might want to get a cart first!" I yelled pointing to the front of the store.

He nodded and gave me the thumbs up. That would give his wife a few more minutes of peace.

I turned to leave when I heard another man asking his wife what she intended to do with the gigantic gold seashell she had loaded into her basket.

I sensed the husband would be wearing the ceramic shell over his skull if I didn't intervene.

I pointed in the direction of the non-existent fishing area and said, "Two-for-one lures and bobbers in the fishing aisle. Sale only lasts another twenty minutes."

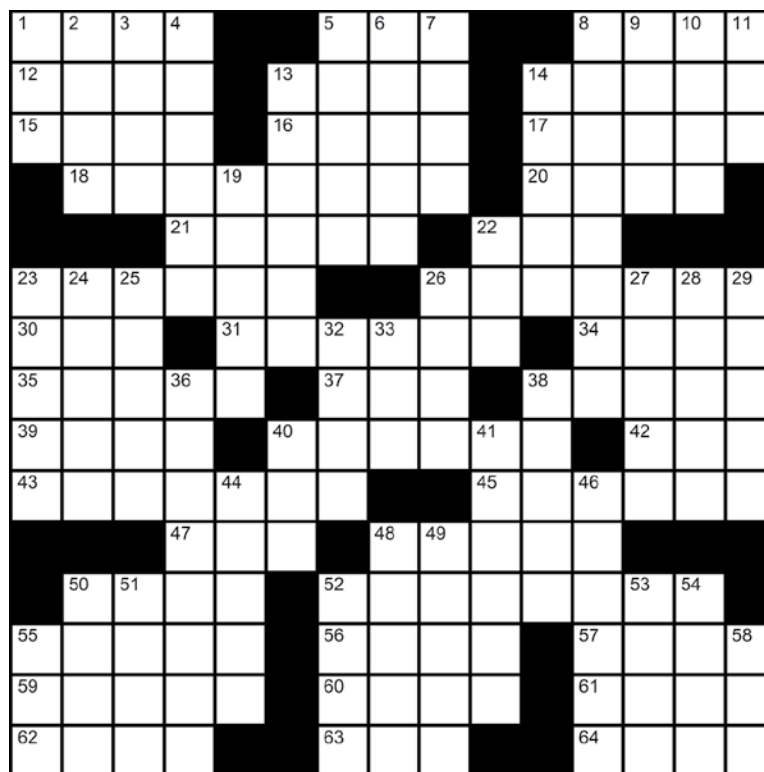
We high fived as he dashed away. We ladies do what we have to do.



Cindy Moore is the mother of three superlative kids, servant of two self-indulgent felines and wife to one nifty husband. Her fictitious occupation? Archeological Humorist: someone who unearths absurdity and hilarity in strange and unusual places including public restrooms, the lint filter, and church meetings. Most recently, she excavated a find in her neighbor's bird feeder.

The opinions expressed in this column are Cindy Moore's alone and do not reflect the opinion of the owners or staff of Community News.

Crossword: HAPPY HOUR



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ACROSS

- 1. Sail support
- 5. *Percentage of alcohol, acr.
- 8. Cheesy sandwich
- 12. Oil, in Italy
- 13. What refugees do
- 14. Noble one
- 15. *Moscow _____
- 16. Wrinkly fruit
- 17. Cereal killer
- 18. *Non-alcoholic cocktail
- 20. Elementary particle
- 21. Old and feeble
- 22. American cuckoo
- 23. _____ tunnel
- 26. Create a misnomer
- 30. *Tap choice
- 31. Tooth cover
- 34. A wedge in golf, e.g.
- 35. Wesley Snipes' 1998 movie
- 37. Notable time
- 38. Fancy neckwear
- 39. Denim innovator
- 40. *Beer _____, or biergarten
- 42. Before, archaic
- 43. Particular marking on a butterfly
- 45. Neuter in language, e.g.
- 47. Red Cross bed
- 48. Île de la Cité river

DOWN

- 50. Lump of stuff
- 52. *18th Amendment, a.k.a. _____ Act
- 55. Assemblage of members
- 56. D'Artagnan's weapon
- 57. Freight horse cart
- 59. "It's Always _____ in Philadelphia"
- 60. Wooden pegs
- 61. *Margarita garnish
- 62. Lend a hand
- 63. *Not sweet
- 64. Sun rising direction

22. Breathing matter

- 23. C in CNN
- 24. Stray cat's home
- 25. Plunder
- 26. *Fermented honey and water
- 27. Formed a curve
- 28. "Fahrenheit 9/11" documentary director
- 29. Go in
- 32. *Straight from the bottle
- 33. Make a blunder
- 36. *One appeal of happy hour
- 38. About or concerning, archaic
- 40. "_____ Milk?"
- 41. Knights' breastplates
- 44. Dorothy's sleeping aid
- 46. Conifer attribute
- 48. Deep sleep
- 49. Lament for the dead
- 50. _____ hub food takeout service
- 51. Solitary
- 52. Hawk or peddle
- 53. Toreador Song from "Carmen," e.g.
- 54. River obstructions
- 55. Geological Society of America
- 58. Thus far

SEE ANSWERS ON PAGE 9